

Life After Obesity: Advanced Bariatric Surgery Makes it Possible

The Bariatric and Weight Loss Center at Trinity Hospital of Augusta

I've tried every diet out there, but nothing seems to work... I know my weight is making my other health problems worse, but I can't seem to take it off... I miss being able to play with my children, but at my weight, it's just not possible... I have trouble doing things most people find normal, like riding on a plane or climbing stairs or even just bending down to tie my shoes...

Do any of those statements feel familiar? If they do, you're not alone. It's estimated that over 24 million Americans suffer from the chronic, debilitating disease of morbid obesity and carrying excess weight has become one of the top leading causes of preventable death. There is hope, however, through leading-edge bariatric surgery and a comprehensive weight loss plan.

"Diet, exercise and medication are largely ineffective as remedies for morbid obesity," notes bariatric surgeon Michael Blaney, M.D. of Trinity Bariatric and Weight Loss Center. "Bariatric surgery, on the other hand, is a proven, very successful long-term solu-

tion for permanent weight loss. What's more, patients who undergo bariatric surgery are also often able to eliminate or significantly reduce other serious co-morbidity factors, such as diabetes, heart disease, high blood pressure, high cholesterol levels, depression, joint pain, sleep apnea and more."

A Team Approach to Patient Success

Arthur B. Chasen, M.D. believes that to ensure each patient achieves his or her weight loss goals, it requires a team approach. The surgeons and their team consisting of a bariatric coordinator, dietitian, psychologist and two patient advocates, work together as a multidisciplinary group in a single, convenient location. And because bariatric surgery is not "one-size-fits-all," Dr.'s Chasen and Blaney specialize in minimally invasive techniques that include gastric bypass, vertical sleeve gastrectomy, gastric banding as well as revisional operations.

The surgical procedures, however, are only part of the equation. "In order to provide the best patient care possible, we must address



Michael Blaney, M.D. and Arthur B. Chasen, M.D.

each aspect of our patients' unique needs and work with them over the long term to develop healthy habits for life," Dr. Chasen explains. "We believe very strongly in becoming partners with our patients and we offer comprehensive emotional support as well as the most advanced bariatric techniques available."

"Above all, our top priority is to give our patients the tools they need to successfully overcome obesity and reclaim their quality of life," Dr. Blaney adds. "And our greatest reward is having the opportunity to become a part of our patients lives as they find that there is, in fact, life after obesity."

To learn more, register for the next free surgical weight loss seminar or attend one of the upcoming patient support groups, please call 706-481-7298. Visit the website at www.TrinityBariatrics.com.



Dr.'s Blaney(R) and Chasen(L) with their team of specialists

