

Advanced High-Risk Pregnancy Care Designed Around You

Caritas Christi Health Care and St. Elizabeth's Medical Center

When planning for the birth of your baby, you face an incredible array of choices and decisions, none of which are more important than where to deliver. Should you select a leading-edge facility with all of the latest medical technologies? Or a close-knit community setting with the warmth of your neighborhood hospital? The experts at Caritas Christi Health Care and St. Elizabeth's Medical Center don't believe you should have to choose.

Placing state-of-the-art medical technology hand-in-hand with compassionate service, the maternal-fetal specialists and neonatologists of St. Elizabeth's, in partnership with community-based obstetricians and dedicated antepartum, labor and delivery and post-partum teams, provide a seamless continuum of



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Caritas Christi Health Care and St. Elizabeth's Medical Center does whatever it takes to ensure every patient receives not just the best treatment, but also the most optimal outcome.

care for all expecting parents throughout the region, addressing everything from the most routine pregnancies to the most high-risk.

"Because of our relationship with Tufts University School of Medicine, we have all of the advantages of a large teaching institution within a very personal, patient-centered environment," says maternal-fetal medicine specialist and St. Elizabeth's Medical Center Chief of Maternal-Fetal Medicine Lucy A. Bayer-Zwirello, M.D.

"It's not enough to simply provide advanced medical capabilities," Dr. Bayer-Zwirello continues. "Patients deserve to know that their individual needs are being met and that they can always get in touch with their doctor or nurse just by picking up the phone."

As a regional referral location for all high-risk pregnancies, St. Elizabeth's attracts patients from as far away as southern New Hampshire and Rhode Island. And, to ensure every family receives the medical attention they need across such a wide region, Dr. Bayer-Zwirello and her colleagues take personalized care directly to the patient.

"Our network is designed to get healthy babies home as quickly and as safely as possible," explains neonatologist and St. Elizabeth's Medical Center Chief of Pediatrics Charles L.



Left: Charles L. Anderson, Jr., M.D.
Right: Lucy A. Bayer-Zwirello, M.D.

Anderson, Jr., M.D. "That's why we have Level II NICU locations in our outlying community hospitals in addition to the comprehensive Level III NICU at St. Elizabeth's.

"As the father of a low-birth weight baby myself, I know just how difficult it can be to leave your newborn in the NICU day after day," Dr. Anderson adds. "By having such sophisticated technologies like intrauterine surgery and bubble CPAP right in the delivery room here at St. Elizabeth's, we can not only give babies and their parents much better results, but we can also get them home to their own community hospital much faster."

"Above all, we are here to provide our full support medically, emotionally and spiritually," says Dr. Bayer-Zwirello. "Whatever our patients need, we are here to provide the best care before, during and after delivery."

One of very few Boston-area hospitals with dedicated intensive care units for pregnant and delivering mothers as well as newborns, St. Elizabeth's works in collaboration with Children's Hospital Boston. To learn more, or to schedule a consultation, please call 617-562-7640. Visit the website at www.CaritasChristi.org.


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