

HIGH-RISK PREGNANCY CARE DESIGNED AROUND YOU

UNC Maternal Fetal Medicine & the Center for Maternal & Infant Health

You always imagined your pregnancy would be healthy with your biggest problem being the design of your nursery and picking your baby's name. Then, a few extra test results changed everything. You suddenly have a high-risk pregnancy and need to meet with specialists to get the most advanced care available.

Thanks to the UNC Center for Maternal & Infant Health (CMIH) you and your baby can receive the best care available within a single warm, welcoming environment. CMIH is the only center in the region that specifically organizes high risk pregnancy, newborn intensive care, and pediatric surgical and medical specialties under one roof to provide complete, world class care for your baby.

As part of the CMIH, UNC's Maternal Fetal Medicine team provides the technical skill for prenatal diagnosis including CVS and amniocentesis, fetal interventions, and complicated deliveries. But there is much more to high risk OB care and this is where the Center comes in.

"Beyond state-of-the-art technology and leading-edge research, we provide the kind of compassionate, hands-on attention our patients deserve," says UNC's William Goodnight, M.D. "We never lose sight of the fact that we're not just treating a condition or disease — we are caring for women, their families and their future."



Nancy Chescheir, M.D.



William Goodnight, M.D.



"As a group, we feel very strongly about holistic care," adds UNC's Nancy Chescheir, M.D. "In addition to addressing issues such as high blood pressure, preterm labor and birth defects, we are prepared to take care of every aspect of pregnancy and neonatal care for our patients."

Integrated Around Your Needs

Many questions can overwhelm a mother confronted with a high-risk pregnancy. Our CMIH team includes genetic counselors, lactation experts, maternal fetal medicine specialists, neonatologists, and pediatric specialists, including highly skilled pediatric surgeons. Unique to UNC, the CMIH continues to be involved in the care of these children after they are born, coordinating specialty care into early childhood.

"From diagnosis through delivery and complex newborn care, we work as a coordinated team to provide each family with the best outcome possible," says Dr. Goodnight. "We keep the lines of communication open between the referring obstetrician, family physician, or midwife, the pediatric specialists and, most importantly, the patient and her family."

"What's more, every high-risk patient has access to a personal

care coordinator to help her along the way," Dr. Chescheir says. "While providing emotional support, our coordinators schedule appointments, provide education, organize resources and help mothers and babies make the transition home as they complete their treatment plans."

Close to Home

"We understand that many of our patients may live at great distance from the N.C. Women's Hospital in Chapel Hill or the UNC Specialty Women's Center in Raleigh," Dr. Chescheir says, "Since we closely coordinate with local physicians across the state our patients can often receive much of their prenatal care within their own communities."

Our top priority is to keep mom and baby healthy and to serve them in an environment that puts them in the Center of everything we do."

For more information about UNC Center for Maternal & Infant Health, call (919) 966-7890 or visit www.MomBaby.org.

For information about appointments call (919) 843-3051 or visit www.UNCmfm.org.



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