

State-of-the-Art, Surgical Cardiovascular Care for Greater Cincinnati Cardiac, Vascular and Thoracic Surgeons, Inc.

Hear Disease is still the #1 killer of women. In fact, it kills more women each year than all cancers combined. Once thought to be primarily a man's disease, heart disease in women has become more prevalent.

"Women need to be educated about their heart health," notes cardiothoracic surgeon Manisha A. Patel, M.D. of Cardiac, Vascular and Thoracic Surgeons, Inc. (CVTS) Some forms of heart disease can, for the most part, be prevented, and by knowing the disease process and risk factors lifestyles can be modified to reduce risk.

"When surgery is necessary," Dr. Patel continues, "we have one of the largest and most experienced groups of surgeons in the region and offer every type of surgical modality. We have experts in cardiac, vascular and thoracic surgery including robotic surgery, ventricular assist devices, (VAD) and endovascular therapies."



Manisha A. Patel, M.D.

Unique in the region and also in the nation, not only is CVTS comprised of 17 board certified surgeons with extensive experience, two of these are women; Dr. Patel and Karen A. Gersch, M.D., another cardiothoracic surgeon who specializes in robotic surgery.

"Minimally invasive and robotic surgery has proven to be a huge step in improving patient care and outcomes," says Dr. Gersch.

"Traditionally, heart surgery meant six to seven days of recuperation and 12-15 weeks to return to a normal schedule or work. Robotic surgery on the other hand, cuts the time down to two to three days and in many cases four weeks to return to a normal life.



Karen A. Gersch, M.D.

"The benefit this technology affords is amazing. Less trauma, decreased chance of infection or complications, the financial considerations of a shorter hospital stay and recuperation time have a great impact on the cost to patients, families and employers. Cosmetically, as a woman, I would much rather have the same procedure performed through a few dime size sites as opposed to a large sternal incision."

Research, Collaboration and Education

In addition to providing patients with the most advanced surgical care available, CVTS's physicians strive to improve care by continuous internal review, participation in ongoing clinical trials and research for new devices and instrumentation. They also provide training and education on the latest surgical procedures and technologies for physicians and hospitals on the local, regional and national level.

"Our group's educational mission with regard to women and heart disease parallels the American Heart Association's Go Red for Women campaign," Dr. Patel says. "We want to build healthier lives, with reduced risk of cardiovascular diseases and stroke and work

as a team with all the physicians who may be involved in a patient's care to meet that goal."

"The benefits of this approach are significant," adds Dr. Gersch. We are providing patients the same top level care and follow up they would receive at major institutions across the country, but better still, it's available close to home."

Serving Southern Ohio and Northern Kentucky, Cardiac, Vascular and Thoracic Surgeons, Inc. is one of the country's most experienced community-based cardiothoracic and vascular programs.

Know Your Risk Factors for Cardiovascular Disease

- High Blood Pressure
- High Cholesterol
- Diabetes
- Smoking
- Obesity
- Family History

To learn more, or to schedule an appointment, please call 513-421-3494. Visit the website at www.cvts.com



Physicians

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